

WE'RE ACCEPTING NEW CLIENTS!

Providing the support you need right now.



*Trauma
Abuse
Divorce
Loss
Stress*

*Family &
Community
Violence*



We provide client-centered, trauma-informed therapy services to Alameda County parents, caregivers, youth, children and families.

All of our services are available via Telehealth-video and in-person.

Sliding scale is \$70-\$10 per session based on ability to pay.

CALL 1-800-829-3777



*"I am less anxious in life, less depressed,
more able to manage stress."*