About us

The Union City Outpatient Program at AARS/HealthRIGHT 360 serves adults challenged with a substance use disorder (SUD), and specializes in working with Transitional Aged Youth (18 – 25 years) and with Asian & Pacific Islander populations.

We offer non-medical, therapybased Outpatient and Intensive Outpatient services, as well as Recovery Support Services through individual and group-based models of care.

Our counseling interventions are evidence-based, client-centered, culturally-relevant and individually tailored to motivate the populations we serve to be resilient and healthy.

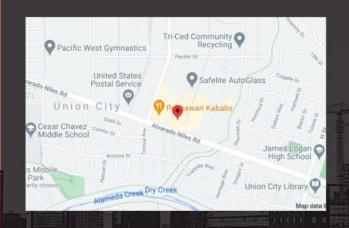


Union City Outpatient Program

33440 Alvarado Niles Rd Union City CA 94587

Phone: 510-474-7414

www.healthright360.org



Program Hours

Mon, Wed, Thu, and Fridays
9am to 6pm

Tuesdays 10am to 7pm

Union City Outpatient Program is licensed/certified by the Department of Health Care Services (DHCS). Our active license/certification can be confirmed here:

www. data.chhs.ca.gov/dataset/sud-recovery-treatment-facilities



ASIAN AMERICAN RECOVERY SERVICES

A PROGRAM OF HEALTHRIGHT 360





Outpatient, Intensive Outpatient,

&

Recovery Support Services



Program Eligibility

To be eligible for services at Union City Outpatient Program, you must:

- Be a resident of Alameda County
- Be 18 years of age or older
- Have Alameda County MediCal
- Meet the diagnostic criteria of a substance use disorder
- Clients with no insurance may also be eligible to participate.

All clients attend, at minimum, one individual and one group counseling session per week.

Additional Information

This program is made possible with funding from
County of Alameda Health Care
Services Agency - Department of Behavioral Health Care Services.

Referrals can be made by calling our offices at (510) 474-7414

or

by calling the Alameda County SUD Helpline at (844) 682-7215

Our Services

- Intake and assessment
- Goal setting
- Individual counseling
- Group counseling
- · Family therapy
- Psychoeducation
- Relapse prevention
- Case management
- Crisis intervention
- Care coordination
- Continuing care and recovery services

Group Therapy Schedule

- Tuesdays 4:30-6pm: Seeking Safety
- Thursdays 2-3pm:
 Stress Reduction Skills Group
- Fridays: 12:30-1:30pm:
 Psychoeducation Group

*Additional specialty groups available.