JOIN US FOR A **FREE ONLINE WORKSHOP**
presented by the
African American Family Outreach Project (AAFOP)

Mental Illness and Substance Abuse: A Healthy Role for Families

PRESENTATIONS • Q & A • RAFFLES • AND MUCH MORE!

YOU ARE NOT ALONE! We can help you navigate the stresses and challenges of helping a loved one who is struggling with mental illness or substance abuse.

Saturday
**April 22 2023**
9:45am - 2:00pm
Zoom opens at 9:30am

**OUR PRESENTERS**

**Dr. Aaron Chapman**
Psychiatrist & Medical Director
Alameda County Behavioral Health

**Aminata Fielder**
Clinical Director for Options Substance Services
Licensed Marriage & Family Therapist

Register today at
https://tinyurl.com/AAFOP-APRIL2023
or call (510) 697-8533

The event is part of the African American Family Outreach Project which was approved by the African American Steering Committee for Health and Wellness, and paid for by the Alameda County Behavioral Health Care Services using Mental Health Services Act funds.